



Case example 1

Kimberley

professional care worker



Case example 1

Kimberley

client

Case example 1



Kimberley

General description

Kimberley is 15 years old. She is in vocational training and does not yet know what she wants to do when she finishes with school.

Kimberley still lives with her parents. She has a 21-year-old boyfriend who is a groundskeeper. Kimberley loves children.

Role of the client

You do not yet know what you will do when you finish with school.

You would like to do something with children. Would a degree course that prepares you to work with children be an option?

Perhaps you would also like to have your own child.

You will have a meeting with your professional care worker in a little while. Together the two of you are going to make a plan for the future. What would your ideal future look like?

Case example 1



Kimberley

General description

Kimberley is 15 years old. She is in special education and does not yet know what she wants to do when she finishes with school. Kimberley still lives with her parents. She has a 21-year-old boyfriend who is a groundskeeper. Kimberley loves children.

Role of the professional care worker

You are Kimberley's professional care worker. Today you have an appointment to discuss her future.

Think about which topics should be addressed if you and Kimberley want to make a plan for her future.



Case example 2

Janette

professional care worker



Case example 2

Janette

client

Case example 2



Janette

General description

Janette is a 26-year-old woman with a mild intellectual disability. She lives alone and receives three hours of supportive care per week. She does not have a partner and works in a sheltered workplace.

Janette is able to maintain her home independently. Her professional care worker has tried to teach her how to cook, but that has been unsuccessful. She now eats already prepared convenience foods almost exclusively.

Janette has a sister with three children. She sometimes babysits for her sister. She goes to the clubhouse around the corner every day of the weekend. She line dances and is very fanatic about it.

Role of the client

You are absolutely crazy for your sister's children. She has six-month-old twins and a three-year-old toddler.

You were there this week.

You think that your sister really likes it when you go there to help her.

She often says that you do everything very well.

Now you also want your own child.

Your professional care worker is coming by today. During your discussion, you try to express for the first time that you want to have a child.

Case example 2



Janette

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Her professional care worker has tried to teach her how to cook, but that has been unsuccessful. She now eats already prepared convenience foods almost exclusively.

Janette has a sister with three children. She sometimes babysits for her sister. She goes to the clubhouse around the corner every day in the weekend. She line dances and is very fanatic about it.

Role of the professional care worker

You are Janette's regular professional care worker.

During your weekly house visit at Janette's, as usual, she talks about how she is doing and how things are at the moment. Of course, you also ask about the kinds of things she did during the past week.



Case example 3

Wilma

professional care worker



Case example 3

Wilma

client

Case example 3



Wilma

General description

Wilma is a 28-year-old woman. She has a mild intellectual disability and works in the cafeteria in a community centre. Wilma has one brief relationship after another. She cannot seem to keep a steady relationship for a long time. Wilma can take care of herself reasonably well. However, she has depressive periods. In those times, she does not take very good care of herself. She has a dog and three cats. When you go to Wilma's house, it does not always smell very pleasant. Wilma uses the pill, but she thinks it is making her too fat. That is the reason why she has stopped using it.

Role of the client

You are not feeling very well. You have periods when you are somewhat depressive. You are looking for what you should do with your life. All of your friends have a boyfriend or are married. A few of them have children. You would also like to have one. Only, you cannot seem to keep a steady partner. They always leave you. At any rate, you want to have a baby, either with or without a partner.
Maybe that will happen if you stop with the pill...?

Case example 3



Wilma

General description

Wilma is a 28-year-old woman. She has a mild intellectual disability and works in the cafeteria in a community centre. Wilma has one brief relationship after another. She cannot seem to keep a steady relationship for a long time. Wilma can take care of herself reasonably well. However, she has depressive periods. In those times, she does not take very good care of herself. She has a dog and three cats. When you go to Wilma's house, it does not always smell very pleasant. Wilma uses the pill, but she thinks it is making her too fat. That is the reason why she has stopped using it.

Role of the professional care worker

You have an appointment with Wilma today. You are concerned about her. Wilma has told you that she stopped taking the pill. She says that it is making her fat, but you suspect that there is another reason.
Try to talk to her and find out what she wants now and in the future.



Case example 4

Nell

professional care worker



Case example 4

Nell

client

Case example 4



Nell

General description

Nell is a 17-year-old girl. She still lives with her parents and has no longer gone to school for a while (special education). Nell is away from the house the whole day, hanging around in the city. The police have knocked on the door a couple of times because she shoplifted.

Nell's mother has little time for her. She has a large family with five children and provides the family with financial support on her own by cleaning houses.

She is now very worried. Recently Nell has not gotten out of bed and does not even go to the city anymore. She is very irritable and often nauseated. Her mother thinks she is pregnant.

Role of the client

You have different boyfriends and do not get very close. You have recently had unprotected sex. You have not felt very well for a while. You wonder if you are pregnant. You do not dare tell this to your mother. She would only get incredibly angry. In a little while your professional care worker will arrive. You have not seen her for a long time because you really have not seen much use for her. This time you want to speak with her.

Case example 4



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General description

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Nell's mother has little time for her. She has a large family with five children and provides the family with financial support on her own by cleaning houses.

She is now very worried. Recently Nell has not gotten out of bed and does not even go to the city anymore. She is very irritable and often nauseated. Her mother thinks she is pregnant.

Role of the professional care worker

Nell's mother calls you. She is afraid that her daughter is pregnant. Mother does not dare to have this conversation with her daughter. They would possibly have an argument that gets physical. You have not had any contact with Nell for a long time. Every time you had an appointment, she found an excuse to cancel. Mother says that Nell wants to talk with you now. Have a discussion with Nell.



Case example 5

Saroya

professional care worker



Case example 5

Saroya

client

Case example 5



Saroya

General description

Saroya is a 19-year-old woman with Antillean heritage. She has a two-year-old son. She has a learning disability and her emotional age is eight.

Saroya has three sisters and two brothers. She sees two of her sisters and her brothers regularly. The third sister turned her back to the family years ago after a having a major dispute. All together Saroya has eight nephews and nieces. Her father and mother often babysit for their grandchildren, including Saroya's son. Saroya has been living in a flat with very intensive supportive care for a year. She is reasonably competent when it comes to the physical care of her son, although he sometimes wears the same clothes several days in a row. His emotional development escapes her. She does not fully understand why he does certain things such as saying 'no' to everything. She says he is being quarrelsome. She sometimes finds him to be burdensome. Saroya works in a supermarket two days a week. She keeps her apartment clean and cooks every day. She has many friends and often goes out. She is crazy about babies.

Role of the client

You would like to have a second child because you are crazy about babies. You do not really like that your son is getting bigger. You also like the feeling of being pregnant. Many of your friends have two or more children. So, why not you? You do not mind that you do not have a steady partner. You have enough support from your family.

Case example 5



Saroya

General description

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Saroya has been living in a flat with very intensive supportive care for a year. She is reasonably competent when it comes to the physical care of her son, although he sometimes wears the same clothes several days in a row. His emotional development escapes her. She does not fully understand why he does certain things such as saying 'no' to everything. She says he is being quarrelsome. She sometimes finds him to be burdensome.

Saroya works in a supermarket two days a week. She keeps her apartment clean and cooks every day. She has many friends and often goes out. She is crazy about babies.

Role of the professional care worker

You are Saroya's regular professional care worker. You suspect she wants a second child. Try to find out if you are right and if so, as further about exactly what her reasons are for why she wants to have another child. Is she aware of what a second child involves? How does she imagine that? Discuss this.